

# Welcome to Weeding, Seeding & Feeding our Microbiome: Where do we Start?

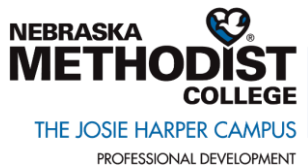
Sound is muted  
The program will start at 12 pm



1



This activity is being jointly provided by  
Nebraska Methodist College  
Division of Professional Development and  
The Institute for Functional Medicine



No conflicts of interest were identified by planners or presenters. This program has not received any commercial support.



## Continuing Education from Nebraska Methodist College

You must attend the entire program - no partial credit can be awarded

1

You must complete an evaluation (it will be emailed to you) within 7 business days after the program date or you will receive an incomplete

2

A link to access your certificate will be automatically generated and emailed to you within 24 hours of completing all requirements

3

If you have any questions or need assistance, please contact us at 402-354-7100 or [pd@methodistcollege.edu](mailto:pd@methodistcollege.edu)

4

## Please:

Mute your microphone

Type your first & last name in the chat box

Type your questions in the chat box



# Handouts

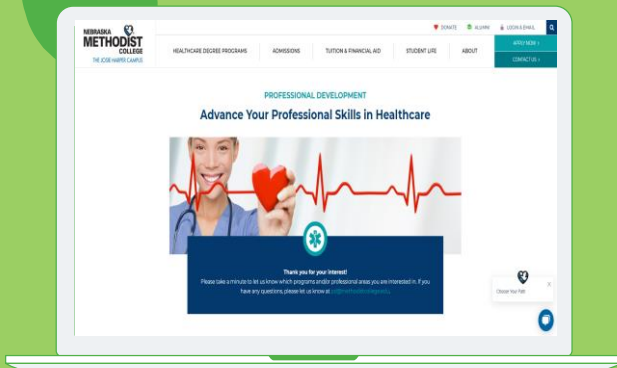
To access today's handouts follow this link <https://bit.ly/3sgATgY>, or scan this QR code:



5

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## Session 2:

Weeding, Seeding & Feeding our Microbiome:  
Creating a Bountiful Harvest

Friday, May 27, 2022, 12:00 PM to 1:15 PM



## You might like these online CE programs!



Lifestyle Medicine and  
Gut Microbiome



Lifestyle: The Best Medicine





# Thank You to our Speakers!



Robert G. Penn, M.D.,  
FACP, FSHEA, FIDSA  
Medical director of HEIP,  
Infectious Diseases  
Associates, PC



Robert Luby, MD  
Executive Director of  
Medical Education,  
Institute of Functional  
Medicine



## Resources Recommended by Dr. Penn

