

End of Life Discussions for Lung Cancer Patients

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*Communication or Breaking Bad News
: A 6 Step Guide*

A recipe for success

- How important is a recipe?
 - Chocolate chip cookies
- How about a routine?
- Mornings-
 - What do you do Monday – Friday?
 - What do you do on Weekends?

What is Important when Breaking Bad News?

A 6 Step Guide

1. Set the stage
2. What does the patient know?
3. How much does the patient want to know?
4. Share the information
5. Respond to feelings
6. Plan next steps and follow-up

1. Set the Stage

- Environment
- People
- Background
- Interruptions

2. What does the patient know?

- Get a sense of their understanding
- Where to start your discussion
- Identify misunderstandings
- Review for everyone in the patients own words

3. How much does the patient want to know?

- Big picture people vs. Detail people
- Cultural differences
- Patient has a right to refuse knowing but must do so

4. Share the information

- No medical jargon
- Be direct, and honest
- “Warning shot”
- “I’m sorry ...” ?

5. Respond to feelings

- Patients will react
- We need to be QUIET !!!
- Answer direct questions as precisely as possible

6. Plan next steps and follow-up

- Next meeting
- Patient safe to drive or be alone
- News and plan will change of time – more meetings will be necessary

6 Step Protocol

- Buckman Protocol
- SPIKES
 - S etting
 - P erception
 - I nvitation
 - K nowledge
 - E motions
 - S trategy or S ummary

A recipe for success

- Chocolate Chip Cookies
- A template for any news
- Practice, practice, practice
- The words you choose are important
- Inquiry before Advocacy

Meeting went well when ...

- We didn't cover too much
- Patient spoke the most !!!

Questions?